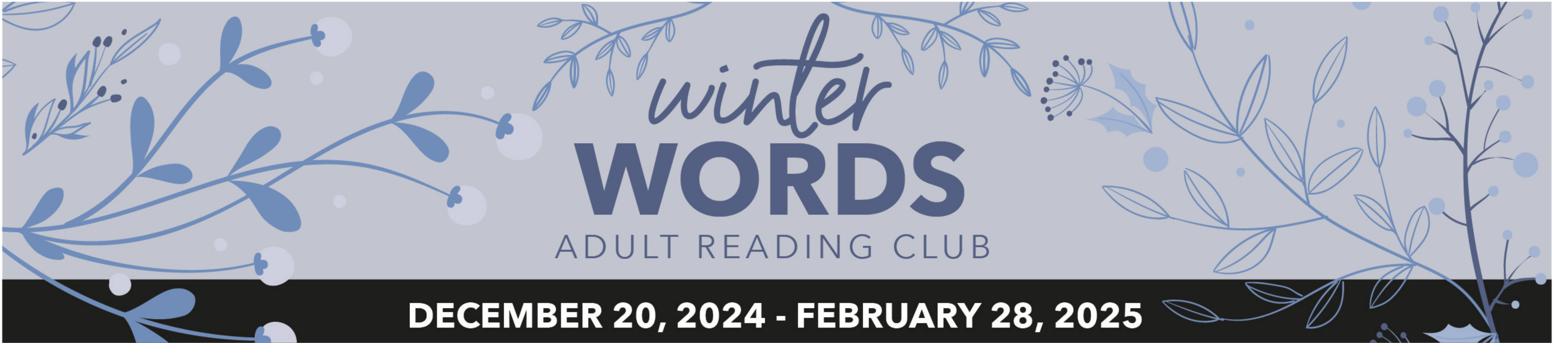


**JANUARY  
2025**

# ADULTS



winter  
**WORDS**  
ADULT READING CLUB

**DECEMBER 20, 2024 - FEBRUARY 28, 2025**



THE AMAZING  
**PUZZLE  
RACE**

**SATURDAY, JANUARY 4**      **9:30-11:30A.M.**      **MRRL ART GALLERY**



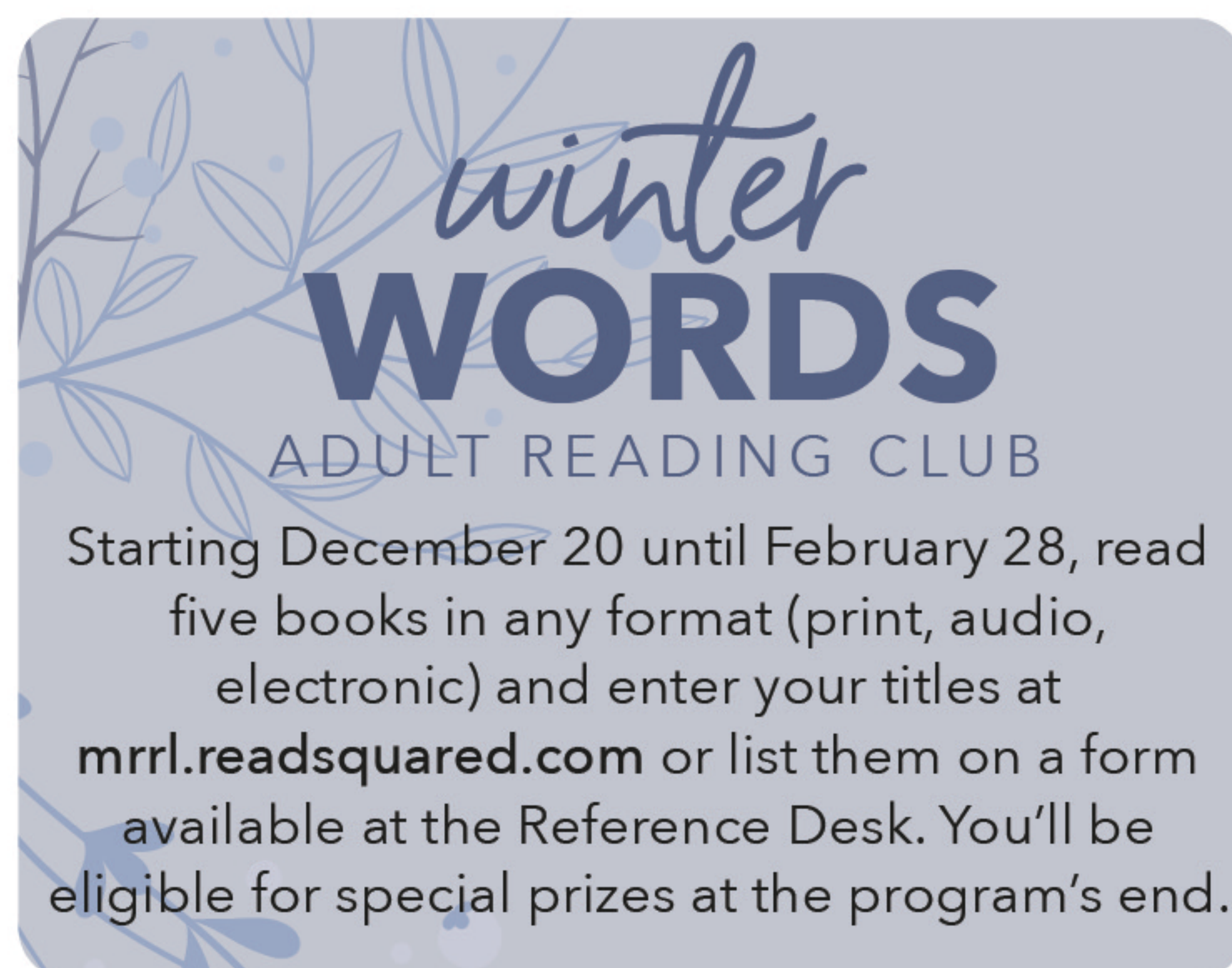
**FIGHT BACK  
AGAINST STRESS**

**WEDNESDAY, JANUARY 29**  
**6:30-8:00 | MRRL ART GALLERY**

**Happy New Year!** **2025** **JAN 01** **CLOSED**

★ ★ ★ I HAVE A ★ ★ ★ **DREAM** MARTIN LUTHER KING, JR. DAY      THE LIBRARY WILL BE **CLOSED ON MONDAY, JANUARY 20<sup>th</sup>**





*winter*  
**WORDS**  
ADULT READING CLUB

Starting December 20 until February 28, read five books in any format (print, audio, electronic) and enter your titles at [mrrl.readsquared.com](http://mrrl.readsquared.com) or list them on a form available at the Reference Desk. You'll be eligible for special prizes at the program's end.



**YOGA**  
Wednesdays, January 8, 15, 22 & 29  
5:15-6:15 p.m. | MRRL Art Gallery  
Thursdays, January 2, 9, 16, 23 & 30  
9:30-10:30 a.m. | MRRL Art Gallery

Rejuvenate your mind and body. All shapes, sizes, and abilities are welcome. Drop-ins welcome.



**GENEALOGY HELP SESSIONS**  
Thursdays, January 2, 9, 16, 23 & 30  
1:00-4:00 p.m. | Mark Twain Room  
Saturdays, January 4 & 18  
1:00-4:00 p.m. | Mark Twain Room

Genealogist Laura Loyborg hosts genealogy help sessions each Thursday. There will be a lesson, Q&A time, handouts, and individually-assisted research help. There is also genealogy help from 1-4 on the first and third Saturdays. The first hour of the Saturdays are scheduled for one-on-one help sessions by appointment. \*Registration required for Saturday sessions. Please email [familyisworldhistory@yahoo.com](mailto:familyisworldhistory@yahoo.com) by Thursday to register.



**SOCIAL BRIDGE CLUB**  
Thursdays  
1:00-3:30 p.m. | Truman Room

Join us for some fun and friendly Bridge gameplay. All skill levels and new players welcome.



**FIRST FRIDAY FILM:**  
**WICKED LITTLE LETTERS**  
Friday, January 3  
7:00-9:00 p.m. | MRRL Art Gallery

Based on a stranger-than-fiction true story, this British black comedy follows two neighbors: deeply conservative Edith Swan and a rowdy Irish migrant Rose Gooding. When Edith and fellow residents begin to receive wicked letters full of unintentionally hilarious profanities, foul-mouthed Rose is charged with the crime. The anonymous letters prompt a national uproar, and a trial ensues. The town's women begin to investigate the crime, with surprising results.



**THE AMAZING PUZZLE RACE**  
Saturday, January 4  
9:30-11:30 a.m. | MRRL Art Gallery

Puzzlers Unite! Gather your team of family and friends and get ready to compete in the Amazing Puzzle Race! Teams can consist of no more than 5 people (ages 8 and up). Only one person from each team needs to sign up. Teams will have 2 hours to complete the 500 piece puzzle. The first team to complete it will be deemed our champions! Do you have what it takes to finish the Amazing Puzzle Race?

Registration required. Feel free to bring sorting trays to aid in your puzzling.



**KNITTING & CROCHETING @ MRRL**  
Tuesday, January 7  
6:00-7:45 p.m. | Truman Room

Knit and crochet with us! Ages 12 & up.

“A library is a place vibrating with ideas.”  
—Nancy Kunhardt Lodge



**LU-MRRL LECTURE SERIES:**  
**TEACHING ADULT MALE PRISONERS**

Wednesday, January 8  
6:30-8:00 p.m. | MRRL Art Gallery

Lincoln University offers prisoners at the Jefferson City Correctional Center the opportunity to earn a bachelor of arts degree in liberal studies. Dr. Gary Kowaluk teaches Introduction to Sociology and relies on his past experiences working with mental patients as a peer leader, helping inmates adjust to prison and learning a six-step scheme that represented the Pirandellian "Prison of the Mind." He will provide a description of what it is like to be in prison from a prisoner's point of view.



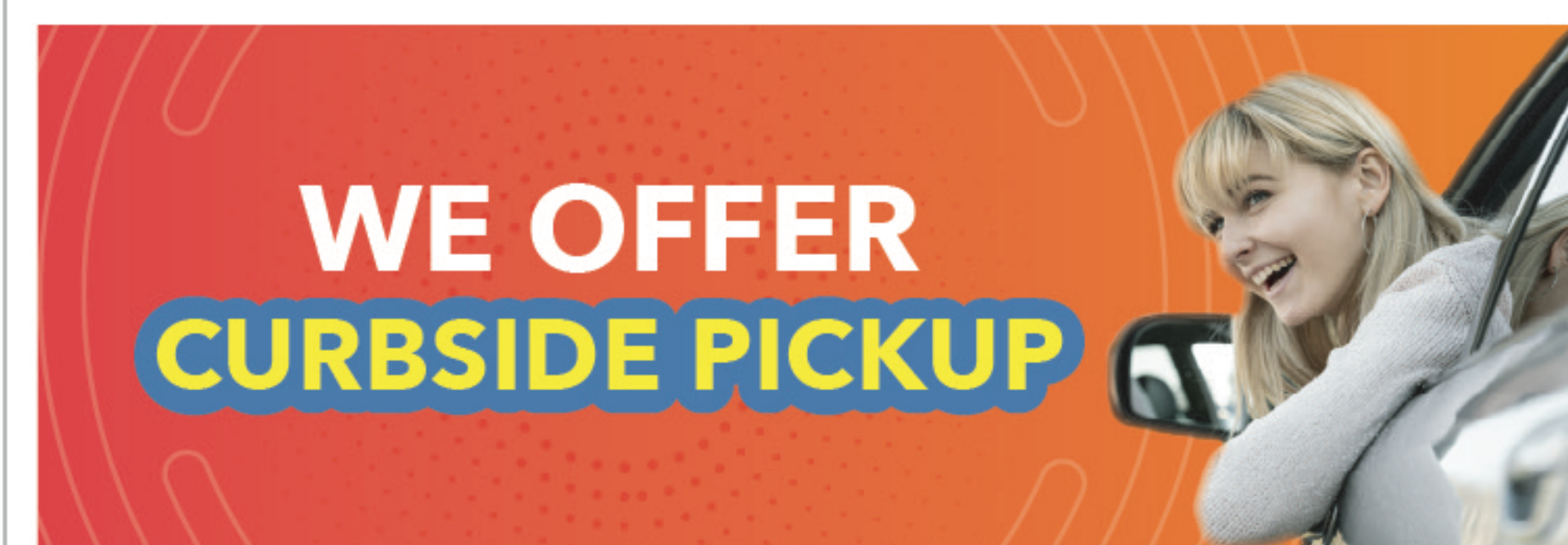
**SHELF INDULGENCE**  
Wednesday, January 8  
6:00-7:30 p.m. | Truman Room

Looking for avid readers and stimulating conversation? You've found us! A new book will be selected each month to discuss. Librarians at the Information Desk are available to help find a copy for each attendee! Indulge yourself and dig into some great literature with other book lovers. In January we are discussing *Red Mountain* by Boo Walker.



**ADULT BOOK BINGO**  
Monday, January 13  
6:00-7:30 p.m. | MRRL Art Gallery

Join us for a riveting game of bingo, where we compete for books!! This event is for adults only.



**WE OFFER CURBSIDE PICKUP**





# JUNK JOURNALS

## JUNK JOURNALING

Tuesday, January 14  
6:00-7:30 p.m. | Mark Twain Room

Join us for our Junk Journaling Group! This month we will be making a hard cover journal using old hardback books.



# SPEED FRIENDING

## SPEED FRIENDING

Thursday, January 16  
6:30-7:30 p.m. | MRRL Art Gallery

Making friends as an adult can be challenging. Let us help! Join us for speed-friending, like speed dating, but for friends. Engage in short conversations with others and see if your conversation blossoms into a budding friendship. Who knows? You might meet your next bestie for the restie!



# MRRL FRIENDS OPEN MEETING

## MRRL FRIENDS ANNUAL MEETING

Saturday, January 18  
10:00-11:00 a.m. | Mark Twain Room

If you are interested in knowing more about the MRRL Friends, the annual January meeting is a good starting place. A presentation and election of officers will take place at this meeting.



# LOOSELY BOUND BOOK CLUB

## LOOSELY BOUND BOOK CLUB

Monday, January 20  
6:00-7:30 p.m.

Looking for your next great read? Instead of reading the same book each month, members read a book of their own choice related to the theme of the month. The theme for January is City Spotlight. We can't wait to hear what you read! Discussions and recommendations abound! Ages 18 and up. The Library will be closed to celebrate Martin Luther King Day so we will be meeting offsite at Sweet Smoke BBQ, 127 E. High Street.



# TikTok MADE ME READ IT

## TIK TOK MADE ME READ IT

Monday, January 27  
6:00-7:30 p.m. | Mark Twain Room

Connect with fellow readers in this book club focused on all the trending reads on TikTok. Each month, we will discuss a book made popular on #BookTok. This month's read will be *Dark Matter* by Blake Crouch. A free copy will be given to the first 8 people.



## FICTION @ NOON BOOK DISCUSSION

Tuesday, January 28  
10:00-11:00 a.m. | Truman Room

Join leaders Claudia and Kathy for a lively book discussion about the book *American Dirt* by Jeanine Cummins.



# Opioid Awareness & NARCAN Harm Reduction

## OPIOID AWARENESS AND NARCAN HARM REDUCTION

Monday, January 27  
6:30-8:00 p.m. | MRRL Art Gallery

Doug Wright from Building Community Bridges will talk about opioid use in our community, and explain how the use of Narcan can reduce harm in substance use emergencies. He will offer a demonstration of Narcan administration, and hands-on practice for attendees. He also will provide educational materials and resources for overdose prevention strategies.



## GENEALOGY

Tuesday, January 28  
6:00-7:30 p.m. | Mark Twain Room

Are you interested in learning more about your ancestors? Then come to our Genealogy class! This month, we will be looking at finding and understanding vital records, followed by help with individual questions to help you make the most of your work. Registration required.



## CENTRAL MISSOURI MASTER GARDENERS PRESENTS: LANDSCAPING WITH MISSOURI NATIVE PLANTS

Tuesday, January 28  
6:00-7:30 p.m. | MRRL Art Gallery

Learn the principles of basic landscape design from Lincoln University's Landscape Design Educator, W. Sue Bartelette. Her presentation will also highlight gardening practices including woodland, prairie, and rain gardens.



## FIGHT BACK AGAINST STRESS

Wednesday, January 29  
6:30-8:00 p.m. | MRRL Art Gallery

Stress is everywhere and takes a significant toll on our bodies. Julie Gerling, nutritional health coach for Natural Grocers, will offer information and tips for making some helpful change in our daily attempts to deal with stress.



## PAINT PARTY

Thursday, January 30  
Session 1, 1:00-3:00 p.m. Session 2, 5:30-7:30 p.m. | MRRL Art Gallery

Join us for a follow-along style painting as we paint "Mittens Love" by Traci Kiernan of stepbysteppainting.net. All supplies will be provided. All skill levels welcome! Registration required.



Reach your reading resolutions with Libby!

Try Libby. The one-tap reading app from your local library.

Available on the App Store, Google Play, and Microsoft.



# JANUARY

# 2025

SUN MON TUE WED THU FRI SAT

(573) 634-2464

www.mrrl.org

Follow the Missouri River Regional Library on Facebook and Instagram!

### KEY

- Adults
- Computer
- Kids
- Teens
- Outreach
- Registration Required

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>CLOSED</b> New Year's Day	<b>Yoga</b> 9:30-10:30AM <b>Social Bridge Club</b> 1:00-3:30PM <b>Genealogy Help Sessions</b> 1:00-4:00PM <b>Teen Winter Escape Room</b> 5:15-6:15PM & 6:30-7:30PM	<b>Rhyme Time</b> 9:30-10:00AM, 10:15-10:45AM, & 11:00-11:30AM  <b>First Friday Film: Wicked Little Letters</b> 7:00-9:00PM	<b>The Amazing Puzzle Race</b> 9:30-11:30AM <b>One-on-One Genealogy Help Sessions</b> 1:00-2:00PM <b>Genealogy Help Sessions</b> 2:00-4:00PM

5 6 7 8 9 10 11

<b>LU-MRRL Lecture Series: Teaching Adult Male Prisoners</b> 6:30-8:00PM	<b>How To Use Your Smart TV</b> 10:00-11:15AM <b>Lego Block Party</b> 6:00-7:00PM <b>Pizza &amp; Pages</b> 6:45-7:45PM	<b>Preschool Storytime</b> 10:30-11:00AM <b>Knitting &amp; Crocheting @ MRRL</b> 6:00-7:45PM <b>Tail Waggin' Tutors</b> 11:00AM-12:00PM	<b>Family Story Time</b> 10:30-11:30AM <b>Yoga</b> 5:15-6:15PM <b>Evening Family Storytime</b> 6:00-6:30PM <b>Shelf Indulgence Book Club</b> 6:00-7:30PM	<b>Yoga</b> 9:30-10:30AM <b>Social Bridge Club</b> 1:00-3:30PM <b>Genealogy Help Sessions</b> 1:00-4:00PM <b>Dungeons &amp; Dragons</b> 6:00-9:00PM	<b>Sensory Play Day</b> 10:15-11:00AM <b>Getting Library eBooks On Your Device</b> 10:00-11:15AM	<b>Pokémon Card Playing Day</b> 11:00AM-12:30PM  <b>MRRL Friends Annual Meeting</b> 10:00-11:00AM
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**Winter Reading!**  
Kids/Teens: 12/20-1/17  
Adults: 12/20-2/28

<b>Computer Lingo</b> 10:00-11:30AM <b>Teen Art Club</b> 5:30-7:00PM <b>Adult Book Bingo</b> 6:00-7:30PM	<b>Preschool Storytime</b> 10:30-11:00AM <b>iPhone Basics</b> 10:00-11:30AM <b>Junk Journaling</b> 6:00-7:30PM <b>Novel Ideas</b> 6:45-7:45PM	<b>Family Story Time</b> 10:30-11:30AM <b>Yoga</b> 5:15-6:15PM <div style="border: 1px dashed red; padding: 2px; display: inline-block;"> <b>Speed Friending</b>  6:00-7:30PM         </div>	<b>Yoga</b> 9:30-10:30AM <b>Social Bridge Club</b> 1:00-3:30PM <b>Genealogy Help Sessions</b> 1:00-4:00PM <b>Teen Anime Club</b> 4:30-6:00PM	<b>Rhyme Time</b> 9:30-10:00AM, 10:15-10:45AM, & 11:00-11:30AM <b>Tween Button &amp; Charm Making</b> 4:30-5:30PM <div style="border: 1px dashed orange; padding: 2px; display: inline-block;"> <b>Understanding OneDrive</b>  6:00-7:30PM         </div>	<b>One-on-One Genealogy Help Sessions</b> 1:00-2:00PM <b>Genealogy Help Sessions</b> 2:00-4:00PM <b>Teen After-Hours</b> 6:00-8:30PM
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<b>Loosely Bound Book Club</b> 6:00-7:30PM	<b>KidSight Free Vision Screening For Children</b> 10:00-11:00AM	<b>CLOSED</b> Martin Luther King Jr. Day	<b>Preschool Storytime</b> 10:30-11:00AM <b>Minecraft Monday</b> 5:00-6:15PM <b>Teen Bracelet Making</b> 6:30-7:30PM <div style="border: 1px dashed orange; padding: 2px; display: inline-block;"> <b>Job Skills with LinkedIn Learning</b>  3:00-4:00PM         </div>	<b>Family Story Time</b> 10:30-11:30AM <b>Tail Waggin' Tutors</b> 11:00AM-12:00PM <b>Yoga</b> 5:15-6:15PM <b>Kids STEAM Night: Snap Circuits</b> 6:00-7:00PM	<b>Yoga</b> 9:30-10:30AM <b>Social Bridge Club</b> 1:00-3:30PM <b>Genealogy Help Sessions</b> 1:00-4:00PM <b>Dungeons &amp; Dragons</b> 6:00-9:00PM	<b>Family Movie Night: The Wild Robot (PG)</b> 6:00-8:00PM  <b>Stuffed Animal Superheroes</b> 10:30AM-12:00PM
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<b>TikTok Made Me Read It</b> 6:00-7:30PM <b>Opioid Awareness and Narcan Harm Reduction</b> 6:30-8:00PM	<b>Helen Haynes Presents Musikgarten</b> 10:30AM-12:00PM <b>Kids After School: Fuse Beads</b> 4:00-5:00PM <b>Chess Club</b> 6:00-7:30PM	<b>Preschool Storytime</b> 10:30-11:00AM <b>Fiction @ Noon</b> 10:00-11:00AM <b>Genealogy</b> 6:00-7:30PM <b>Central Missouri Master Gardeners Presents</b> 6:00-7:30PM	<b>Family Story Time</b> 10:30-11:30AM <b>Yoga</b> 5:15-6:15PM <b>Fight Back Against Stress</b> 6:30-8:00PM	<b>Yoga</b> 9:30-10:30AM <b>Social Bridge Club</b> 1:00-3:30PM <b>Genealogy Help Sessions</b> 1:00-4:00PM <b>Paint Party</b> 1:00-3:00PM & 5:30-7:30PM	<b>Organizing Your Computer Files</b> 6:00-7:30PM	Sign up for weekly <b>UPDATES</b> at <a href="http://www.mrrl.org" style="color: white;">www.mrrl.org</a>  
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